



KIMEKAI KARATE – CHELTENHAM
CLASS TIMES

MONDAY

11:00-12:00 **Adults** All levels
5:30-6:00 **Thunderbolts** Yellow and above
6:00-6:45 **Young Samurai** Yellow and above
6:45-7:15 **Young Samurai** Sparring
7:15-8:15 **Adults** all levels

TUESDAY

5:00-5:30 **Thunderbolts** White/Red
5:30-6:00 **Thunderbolts** Yellow and above **Sparring**
6:00-6:45 **Young Samurai** White/Red

WEDNESDAY

11:00-12:00 **Adults** All levels
5:00-5:30 **Thunderbolts** White/Red
5:30-6:00 **Thunderbolts** Yellow and above
6:00-6:45 **Young Samurai** Yellow and above
7:00-8:00 **Adults** all levels

THURSDAY

5:30-6:00 **Thunderbolts** White/Red
6:00-6:45 **Young Samurai** White/Red

FRIDAY

5:00-5:30 **Thunderbolts** Yellow and above **Kata**
5:30-6:15 **Young Samurai** White-Orange **Kata**
6:15-7:00 **Young Samurai** Green and above **Kata**
7:00-8:15 **Adults** all levels **Kata**

SATURDAY

9:00-9:30 **Thunderbolts** White/Red
9:30-10:00 **Thunderbolts** Yellow and above **Sparring**
10:00-10:45 **Young Samurai** all levels
10:45-11:30 **Young Samurai** all levels **Sparring**
11:30-12:30 **Adults** all levels